

## MAJOR SEX DIFFERENCES IN NON-GENOMIC ESTROGEN ACTIONS ON INTRACELLULAR SIGNALING IN MOUSE BRAIN *IN VIVO*

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**Abstract**—Rapid effects of estrogen have now been identified throughout the brain but the extent to which these actions may be different in males and females is unknown. Previous work has shown that estrogen rapidly phosphorylates Ser<sup>133</sup> of cAMP responsive element binding protein (CREB) through a non-genomic mechanism. Using this indicator, we have examined here whether non-genomic estrogen actions occur in a sexually dimorphic manner within the adult brain. Male and female mice were gonadectomized and 3 weeks later treated with 17-β-estradiol or vehicle for 1 h prior to perfusion fixation and subsequent CREB and phosphorylated CREB (pCREB) immunostaining of brain sections. The numbers of cells expressing CREB immunoreactivity were not altered by estrogen treatment or different in males and females in any of the brain regions examined. However, estrogen treatment significantly ( $P<0.05$ ) increased pCREB-immunoreactive cell numbers in the medial preoptic area, ventrolateral division of the ventromedial nucleus, medial septum and CA1 region of the hippocampus of female mice. In contrast, estrogen increased pCREB levels in the medial septum and CA1 but not in the preoptic area or ventromedial nucleus of male mice. To evaluate the extent to which non-genomic estrogen actions may be sexually differentiated within a single neuronal phenotype, dual labeling immunocytochemistry was undertaken to evaluate the gonadotropin-releasing hormone (GnRH) neuronal phenotype. Estrogen significantly ( $P<0.05$ ) increased the numbers of GnRH neurons expressing pCREB in female but not male mice. Together, these results demonstrate the existence of a marked sex difference in estrogen's non-genomic effects upon brain function *in vivo*. © 2005 IBRO. Published by Elsevier Ltd. All rights reserved.

**Key words:** CREB, GnRH, preoptic area, hippocampus, estrogen receptor.

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E-mail address: allan.herbison@stonebow.otago.ac.nz (A. E. Herbison). Abbreviations: CREB, cAMP-response element binding protein; ER, estrogen receptor; E2, 17-β-estradiol; gCTX, retrosplenial granulate cortex; GDX, gonadectomized; GnRH, gonadotropin-releasing hormone; mPOA, medial preoptic area; MS, medial septum; pCREB, phosphorylated cAMP-response element binding protein; VMN, ventromedial nucleus; VMNvl, ventrolateral aspect of the ventromedial nucleus.

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A variety of neuronal circuits in the mammalian brain exhibit robust sex differences in structure and function (De Vries, 1990; Simerly, 2002). Hypothalamic regions such as the medial preoptic area (mPOA) and ventromedial nucleus (VMN) contain key sexually differentiated neuronal circuits responsible for controlling reproductive function (Pfaff et al., 1994; Flanagan-Cato, 2000; Simerly, 2002). For example, the GnRH neurons within the mPOA represent the final output neurons of the network involved in regulating gonadal function (Levine, 2003). Whereas estrogen stimulates a massive increment in GnRH secretion to induce ovulation in the female mammal, it has no similar effect in males (Herbison, 1998). In addition, clear sex differences have been observed in the effects of estrogen on networks involved in regulating male and female sexual behavior (Pfaff et al., 1994; Flanagan-Cato, 2000). Interestingly, these sexually differentiated actions of estrogen are not confined solely to circuits involved in the modulation of reproductive function but also exist within brain regions such as the hippocampus (Woolley, 2000; Leranth et al., 2003).

The mechanisms underlying the sexually dimorphic effects of estrogen on brain function in the adult are unclear. As one possibility, estrogen may regulate different numbers or populations of cells within a specific brain region of males and females. This is likely to be the case for the sexually dimorphic nucleus of the preoptic area and the spinal nucleus of the bulbocavernosus in the rat (for review see Simerly, 2002) where major sex differences in neuronal number have been identified. Alternatively, estrogen may act on the same neuronal phenotypes but generate a sexually dimorphic response as a result of sexually differentiated intracellular signaling mechanisms.

At present, classical genomic actions are thought to underlie the sexually differentiated effects of estrogen upon the brain. Clear defects in estrogen-dependent male and female reproductive behavior exist in estrogen receptor (ER) knockout mice (Ogawa et al., 1998, 2000) and, where examined, neurochemical sex differences have been found to depend upon ER expression (Simerly et al., 1997). However, there is growing recognition of the importance of rapid mechanisms of estrogen signaling within a diverse array of cell types (Falkenstein et al., 2000; Kelly and Levin, 2001). In particular, it is of note that many of the brain regions displaying sexually dimorphic responses to estrogen also exhibit rapid estrogen effects (Yagi, 1973; Minami et al., 1990; Lagrange et al., 1995; Gu et al., 1999; Rudick and Woolley, 2003) and the possibility that non-genomic mechanisms may also contribute to sexually differentiated responses to estrogen has been suggested

(Simerly, 2002) but not documented. To define brain regions responding to estrogen in a rapid, non-genomic manner, we and others have used the phosphorylation of CREB by estrogen as a marker of rapid changes in intracellular signalling (Gu et al., 1996; Zhou et al., 1996; Abraham et al., 2003; Abraham et al., 2004). Using this approach, we demonstrate here that major sex differences exist in the non-genomic phosphorylation of cAMP-response element binding protein (CREB) by estrogen within specific brain regions as well as within the gonadotropin-releasing hormone (GnRH) neuronal phenotype itself.

## EXPERIMENTAL PROCEDURES

### Animals and experimental design

Wild-type C57BL6/J×CBA/Ca mice were bred and housed at the Babraham Institute according to UK Home Office requirements under Project license 80/1475 and experiments approved by The Babraham Institute Animal Welfare and Ethics Committee. All mice were maintained under 12 h light/dark lighting conditions (lights on 07:00 h) with food and water available *ad libitum*.

Male and female mice were gonadectomized (GDX) at 40–54 days of age under Avertin anaesthesia and used for experiments 3 weeks later. Between 10:00 and 11:00 h, mice were administered 1 µg 17-β-estradiol (E2; Sigma, Poole, UK; in 0.1 ml ethyl oleate vehicle, s.c.) or vehicle alone and killed 1 h later by an overdose of Avertin (0.3 ml/20 g b.w.) followed by perfusion through the heart with ice-cold 4% paraformaldehyde in phosphate buffer (pH 7.6;  $N=5$ –6/group). Previous studies in our laboratory have shown that estrogen administered in this manner increases CREB phosphorylation within 15 min in specific brain regions and that the levels of phosphorylated CREB (pCREB) peak around 1 h following estrogen treatment (Abraham et al., 2004). Mice from estrogen- and vehicle-treated groups perfused alternately between 10:00 and 12:00 h with all the males were perfused on one day and all the females on another. Brains were removed and post-fixed for 2 h and placed into 30% sucrose Tris-buffered saline solution overnight at 4 °C. The following day, a 1:4 series of 30 µm-thick frozen sections were cut in the coronal plane on a sliding microtome.

### Immunocytochemistry and analysis

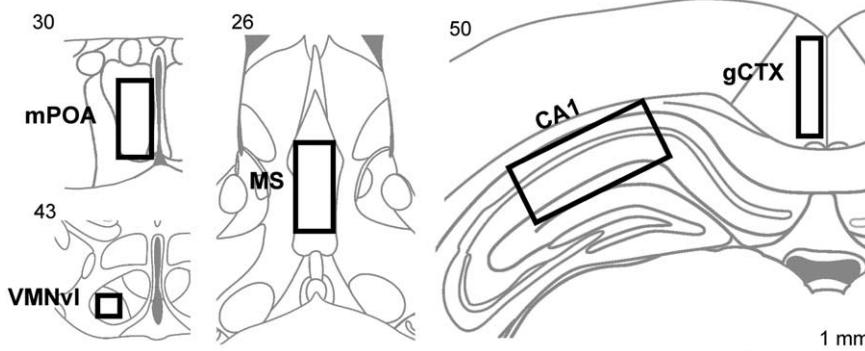
Free-floating, peroxidase-based immunocytochemistry was undertaken as reported previously (Abraham et al., 2004). In brief, one set of sections was incubated in each of the two polyclonal rabbit primary antibodies (pCREB, 1:100; CREB, 1:100; Cell Sig-

naling Technology, New England Biolabs, Beverly, MA, USA) for 48 h at 4 °C. This was followed by biotinylated goat anti-rabbit IgGs (1:200; Vector Laboratories, Peterborough, UK) for 2 h and the Vector Elite avidin–biotin–HRP complex (1:200 for 2 h). Labeling was visualized with nickel–diaminobenzidine tetrahydrochloride. The specificities of the CREB antisera have been reported previously in multiple rodent species including the mouse (McNulty et al., 1998; von Gall et al., 1998). The pCREB antibody detects CREB only when phosphorylated at Ser<sup>133</sup> and also phosphorylated forms of the CREB-related proteins ATF-1 and CREM. The omission of primary antibodies in this study resulted in a complete absence of immunoreactivity.

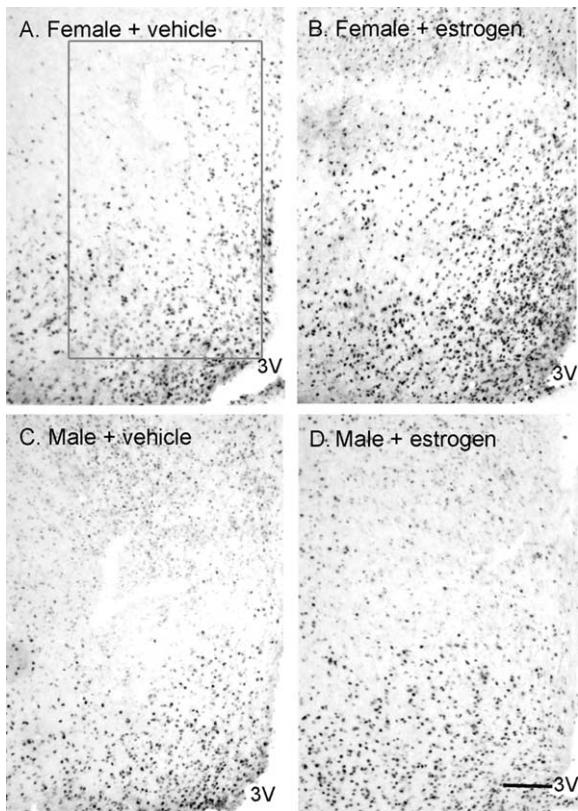
Two further sets of sections underwent dual labeling immunocytochemistry for CREB and GnRH or pCREB and GnRH as described previously (Abraham et al., 2003). Briefly, sections underwent the CREB or pCREB immunostaining as outlined above followed by sequential GnRH immunocytochemistry using the well characterized LR1 polyclonal rabbit antiserum, peroxidase-labeled goat anti-rabbit immunoglobulins and the DAB chromogen.

Sections were viewed under a Leica (Nusloch, Germany) DM-RB microscope and a quantitative evaluation of the numbers of pCREB- and CREB-positive nuclei undertaken by a “blinded” investigator using a computer based imaging system (AIS 6.0, Rev 1.3; Imaging Research Inc., Ontario, Canada) with the images digitized using a Sony CCD (DXC 950P) camera. Four brain regions (ventrolateral aspect of the VMN, VMNvl; medial septum, MS, mPOA, CA1 hippocampus) were selected for analysis on the basis of prior work showing that estrogen induced CREB phosphorylation in these areas through a rapid, non-genomic mechanism (Abraham et al., 2003, 2004). A fifth area, the retrosplenial granulate cortex (gCTX) was also examined as we had shown previously that it did not respond to estrogen in female mice (Abraham et al., 2004). The GnRH neurons were selected as a specific neuronal phenotype to investigate as estrogen is known to rapidly phosphorylate CREB in these cells in a direct manner (Abraham et al., 2003), and because they represent a neuronal phenotype for which estrogen feedback actions are physiologically relevant and sexually differentiated (Herbison, 1998).

For each brain region, two sections were selected at the appropriate level (see below) in each mouse ( $n=5$ –6/group) and bilateral cell counts undertaken by counting all CREB or pCREB immunoreactive cell nuclei within a specified rectangle (Fig. 1) as defined; VMNvl, rectangle size 0.04 mm<sup>2</sup>, anterior-posterior level=plate 42/43 of the Franklin and Paxinos (1997) atlas; MS, 0.48 mm<sup>2</sup>, plate 25/26; gCTX, 0.27 mm<sup>2</sup>, plate 49/50; CA1, 1.5 mm<sup>2</sup>, plate 49/50; mPOA, 0.43 mm<sup>2</sup>, plate 30/31 (Fig. 2A). For GnRH neurons, two sections at the level of the rostral preoptic area (plates 25 and 26) were selected from each animal and the number of single (GnRH) and dual-labeled neurons (GnRH+



**Fig. 1.** Brain regions analyzed for sex differences in rapid estrogen actions upon CREB phosphorylation. The rectangles show the precise areas analyzed for CREB- and pCREB-immunoreactive cell numbers in the mPOA, VMNvl, MS, CA1 hippocampus and gCTX. Coronal brain sections adapted from Franklin and Paxinos (1997) with the plate number given at the top left of each schematic.



**Fig. 2.** Sex differences in E2-induced CREB phosphorylation in the mPOA. Photomicrographs of pCREB immunoreactivity in the mPOA of GDX female (A, B) and male (C, D) mice treated with vehicle (A, C) or E2 (B, D). Whereas estrogen increases the numbers of pCREB-immunoreactive cells in females, it has no effect in male mice. In all plates the third ventricle (3V) is immediately to the right. Scale bar=100  $\mu$ m in D and is the same for all plates. The rectangle in A indicates the area analyzed.

pCREB or GnRH+CREB) determined by an investigator blind to the experimental groupings. We only considered a GnRH neuron to be expressing CREB/pCREB if the nucleus displayed a uniform, dense black immunoreactive product. Although underrepresenting absolute CREB/pCREB expression in the GnRH neurons, this ensured consistency in our counting analysis.

#### Statistical analysis

Mean (+SEM) values were obtained from averaging the two cell counts from each area from each mouse within the experimental groups ( $n=5$ –6). The CREB and pCREB expression in GnRH neurons was calculated as a percentage of total GnRH neuron number and the brain region data are depicted as total numbers of immunoreactive cell counts. Statistical analysis was undertaken by two-way ANOVA with Tukey post hoc test. All statistical analyses were performed using Statistica for Windows 5.1 software (StatSoft).

## RESULTS

#### CREB and pCREB in specific brain regions

Immunolabeling for CREB and pCREB revealed an exclusively nuclear pattern of staining (Fig. 2) that existed in an heterogeneous manner throughout the coronal brain sec-

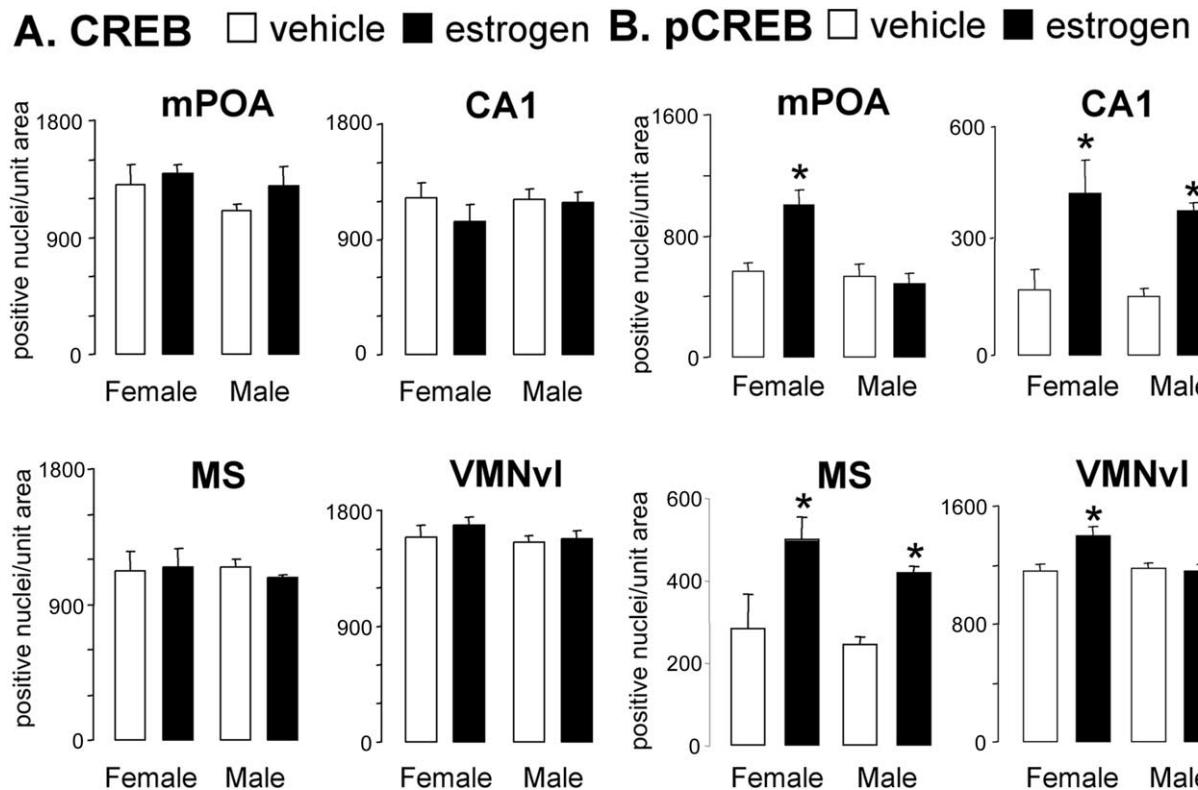
tions. No sex differences were detected in CREB or pCREB immunoreactivity in vehicle-treated male and female GDX mice (Figs. 2 and 3). Also, in both sexes, estrogen treatment was found to have no effect upon the numbers of CREB-immunoreactive cells detected in any of the areas examined (Fig. 3A). In terms of pCREB, however, estrogen treatment in GDX female mice induced a significant ( $P<0.05$ ) increase in the number of pCREB-immunoreactive cells detected in the mPOA (78%; Fig. 1A, B), MS (76%), VMNvl (38%) and CA1 hippocampus (151%; Fig. 3B) without altering cell numbers in the gCTX (not shown). In contrast, estrogen treatment of GDX males increased the numbers of pCREB-immunoreactive cells in the MS (71%) and CA1 (148%) but had no effect upon pCREB in the mPOA (Fig. 2C, D) or VMNvl (Fig. 3B), or in the gCTX (not shown). These data indicate a marked, region-dependent sex difference in the ability of estrogen to elicit CREB phosphorylation in the mouse brain.

#### CREB and pCREB in GnRH neurons

To evaluate whether the sex differences in estrogen phosphorylation of CREB observed in heterogeneous brain regions might also hold true for a specific neuronal phenotype, experiments were undertaken to analyze the GnRH neurons. The distribution of GnRH neurons was the same as that reported previously in the mouse (Jennes and Stumpf, 1986; Skynner et al., 1999). The number of GnRH neurons detected within the rostral preoptic area was not influenced by estrogen treatment or different in males and females (male–vehicle,  $17\pm 1$  GnRH neurons/section; male–estrogen,  $16\pm 1$ ; female–vehicle,  $15\pm 2$ ; female–estrogen,  $17\pm 2$ ). Dual-labeled cells were readily identified as cells exhibiting a brown cytoplasmic stain and a black nucleus (Fig. 4A). Approximately 25–30% of GnRH neurons were detected to express CREB and this was not influenced by estrogen or sexually differentiated (Fig. 4B). In contrast, the percentage of GnRH neurons expressing pCREB in GnRH neurons was markedly different ( $P<0.05$ ) in vehicle-treated males (22%) and females (4%; Fig. 4C). Furthermore, estrogen induced a significant ( $P<0.05$ ) increase in the numbers of GnRH neurons expressing pCREB in females but had no effect in male mice (Fig. 4C). These observations suggest that a marked sex difference exists in both the basal levels of CREB phosphorylation in the GnRH neurons of GDX mice as well as in the ability of estrogen to elicit CREB phosphorylation in these cells.

## DISCUSSION

These studies indicate that major sex differences exist in the rapid, non-genomic influences of estrogen upon brain function. We have shown previously that estrogen increases CREB phosphorylation within 15 min in the mPOA, VMNvl, MS and CA1 hippocampus and GnRH neuronal phenotype of GDX female mice *in vivo*, and that this response is maximal at 60 min (Abraham et al., 2003, 2004). Using the same experimental paradigm, we now demonstrate that estrogen has different effects upon pCREB phosphorylation in the brain of GDX male mice.

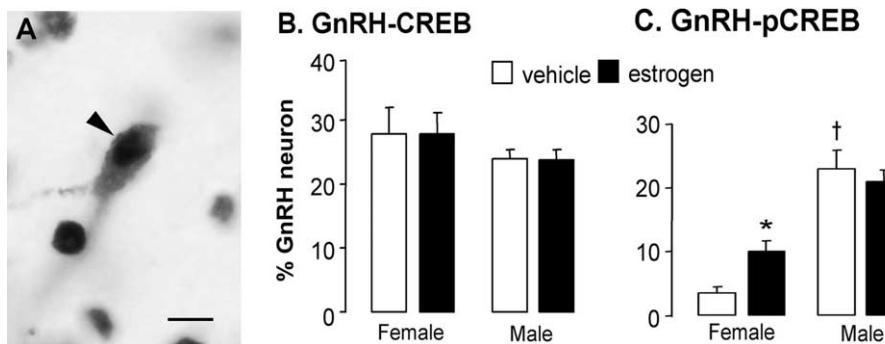


**Fig. 3.** Region-specific sex differences in CREB phosphorylation by estrogen. Histograms showing mean (+S.E.M.) number of CREB- (A) and pCREB- (B) immunoreactive cells detected per unit area in the mPOA, CA1 hippocampus, MS and VMNvl of GDX male and female mice given vehicle or E2 (estrogen). \*  $P < 0.05$  compared with vehicle-treated mice.  $N = 5–6$ /group.

Whereas, estrogen-induced CREB phosphorylation was observed in the MS and CA1 of males, no effects were detected in the mPOA, VMNvl or GnRH neuronal phenotype. As no sex differences exist in CREB expression in the GnRH neurons or these brain areas, the sexually differentiated responses must result from differences in the phosphorylation of Ser<sup>133</sup> on CREB. Together, these results provide initial evidence that non-genomic mechanisms of estrogen action may contribute to the sexually dimorphic influence of estrogen on adult brain function. At least one cellular locus of this differential estrogen action is the GnRH neurons.

#### Sex differences in rapid estrogen actions upon reproductive behavioral circuits

Neural circuits within the mPOA and VMN are critical sites of estrogen action in the regulation of sexually differentiated sexual behavior (Pfaff et al., 1994; Flanagan-Cato, 2000). The mPOA, in particular, exhibits a wide variety of neurochemical and structural sexual dimorphisms that are thought to underlie elements of male reproductive behavior (reviewed in De Vries, 1990; Simerly, 2002). As such, sex differences in the effects of estrogen within this area may arise from estrogen actions upon different numbers or types of ER-



**Fig. 4.** Sex differences in CREB phosphorylation by estrogen in the GnRH neuronal phenotype. Photomicrograph (A) shows a double-labeled (arrowhead) GnRH neuron (gray cytoplasm) with pCREB-positive nucleus (black). Histograms showing mean (+S.E.M.) number of dual-labeled GnRH-CREB- (B) and GnRH-pCREB- (C) immunoreactive neurons detected in the mPOA of GDX male and female mice given vehicle or E2 (estrogen). \*  $P < 0.05$  compared with vehicle-treated mice. †  $P < 0.05$  compared with vehicle-treated female.  $N = 5–6$ /group. Scale bar = 10  $\mu$ m in A.

expressing cells in the two sexes. For example, twice as many neurotensin neurons in the mPOA express ER $\alpha$  in female rats compared with males (Herbison and Theodosis, 1992). Although the receptors underlying non-genomic estrogen effects remain unclear (Toran-Allerand, 2004), we have recently shown that the rapid effects of estrogen upon CREB phosphorylation in mouse brain require the presence of the classical ERs (Abraham et al., 2004). Thus, sex differences in estrogen actions within the mPOA may arise through classical genomic as well as rapid mechanisms that, nevertheless, both depend upon sexually differentiated ER expression. The identity and functions of the mPOA cells in the female identified here to respond to estrogen in a rapid manner are yet to be established.

In contrast to the mPOA, relatively few neurochemical and structural sex differences have been identified within the VMNvl (Sakuma, 1984; Matsumoto and Arai, 1986; Grattan and Selmanoff, 1997), the sub-region of the VMN expressing ERs and implicated in female sexual behavior. The estrogen-induced activation of CREB phosphorylation in the VMNvl is dependent upon ER $\alpha$  (Abraham et al., 2004) but similar levels of ER $\alpha$  appear to exist in this region in male and female rats (Herbison, 1994). Hence, the sexually dimorphic response of this brain area may depend upon sex differences downstream of the ER itself. As the ER-expressing cells of the VMNvl are considered a critical target for estrogen in enabling lordosis in female rodents (Pfaff et al., 1994), the present results raise the possibility that non-genomic actions of estrogen may contribute to the physiological regulation of female reproductive behavior. What role enhanced pCREB levels may have within VMNvl neurons in the female is not known. However, it is interesting to note that estrogen's potent effects upon dendritic spine morphology require the phosphorylation of CREB (Murphy and Segal, 1997) and there is good evidence for estrogen-dependent re-modeling of dendritic structure in the VMNvl (Frankfurt et al., 1990; Woolley, 2000).

A prior study reported that sex differences existed in the numbers of cells expressing pCREB within the mPOA, VMNvl and CA1 of newborn rats (Auger et al., 2001). In all three brain regions, male rats were found to have more pCREB than females and, interestingly, it was suggested that this might relate to enhanced endogenous estrogen exposure in newborn males (Auger et al., 2001).

#### **Absence of sex differences in rapid estrogen actions in the CA1 hippocampus**

We show here that the rapid actions of estrogen upon CREB phosphorylation are equivalent in the CA1 hippocampus and MS of male and female mice. Estrogen has been found previously to exert rapid effects upon the electrical responses (Gu et al., 1999), immediate early gene expression (Rudick and Woolley, 2003) and second messenger phosphorylation patterns of CA1 neurons (Kuroki et al., 2001; Abraham et al., 2003; Lee et al., 2004). A prior electrophysiological study had investigated whether sex differences may exist in rapid estrogen actions within the hippocampus and, as found here for pCREB, no sexual

dimorphism was evident (Fugger et al., 2001). This indicates that the established sex difference in the ability of estrogen to modulate dendritic spine density in the CA1 (Woolley and McEwen, 1992; Leranth et al., 2003), is unlikely to depend simply on sex differences in CREB phosphorylation. The intracellular pathways mediating the effects of estrogen upon CREB phosphorylation in the hippocampus are currently under examination. Studies *in vitro* have shown that both the mitogen-activated protein kinase and calcium–calmodulin kinase pathways are likely to be upstream signaling pathways (Lee et al., 2004). However, it is curious that the phosphorylation of CREB in the CA1 hippocampus *in vivo* is critically dependent upon ER $\beta$  (Abraham et al., 2003). There is relatively little ER $\beta$  expressed in the CA1 hippocampus of the mouse (Mitra et al., 2003) suggesting that rapid CREB phosphorylation in CA1 neurons may not occur directly and depend, instead, upon estrogen-sensitive neuronal inputs to this area (Leranth et al., 2000).

#### **Sex differences in rapid estrogen actions upon GnRH neurons**

The GnRH neurons exhibit major sex differences in functioning that are critical to the physiological regulation of fertility in mammals. In response to elevated circulating estrogen levels, the GnRH neurons in females exhibit a burst of activity resulting in the mid-cycle GnRH surge that initiates ovulation (Herbison, 1998). In males, estrogen is only found to suppress GnRH secretion and the nature of this fundamental sex difference is not understood. This correlates well with the observed expression of c-Fos in GnRH neurons of females but not males treated with appropriate steroids (Hoffman et al., 1993). With respect to the presence of ERs, GnRH neurons are only known to express ER $\beta$  (Herbison and Pape, 2001) and no sex differences in ER $\beta$  expression by GnRH neurons have been observed in the rat (Hrabovszky et al., 2001). Hence, it seems most likely that sex differences originate from either sexually dimorphic, estrogen-sensitive synaptic inputs to the GnRH neurons (Chen et al., 1990) or from sex differences in intracellular signaling events downstream from ER $\beta$ .

We report here two clear sex differences related to CREB phosphorylation within the GnRH neuronal phenotype. In the first instance, we have observed that the levels of pCREB in GnRH neurons of vehicle-treated GDX adult mice are very different with males having higher expression than females. This suggests that sex differences exist in the intracellular phosphorylation machinery of male and female GnRH neurons in GDX mice. Although sex differences are apparent in the rate at which pulsatile LH secretion achieves maximal levels in the first few days following gonadectomy (Gay and Midgley, 1969; Yamamoto et al., 1970), it has been thought that the secretory and biosynthetic behavior of “free-running” GnRH neurons in 2–3 week GDX male and female animals is similar. Certainly, single point plasma luteinizing hormone levels in 2 week GDX mice are the same in males and females (Thanky et al., 2003). However, the present results clearly suggest that CRE-

dependent gene transcription within GnRH neurons is unlikely to be the same in GDX male and female mice.

The second sexually differentiated feature of CREB phosphorylation in GnRH neurons relates to the effects of estrogen on its phosphorylation status. Whereas estrogen increased CREB phosphorylation in GnRH neurons in GDX females, it was found to have no effect in males. On one hand this might be explained by the already high numbers of GnRH neurons expressing pCREB in GDX males that may have precluded us from observing a further increment after estrogen treatment. It is possible that only approximately 25% of the heterogeneous GnRH population will ever respond to estrogen in this manner and that they also happen to be the cells that express high levels of CREB. On the other hand, the sex difference in rapid estrogen action may be explained by the absence of estrogen-dependent inputs or pathways phosphorylating CREB in the male GnRH neuron. What genes estrogen may be regulating through CREB response elements in females is not known at this stage. As indicated above, the concept of sex differences in the behavior of the GnRH neurons outside that of the preovulatory GnRH surge has not been explored widely (Herbison, 1998). Together with recent data demonstrating sex differences in GnRH gene transcription mechanisms in the context of estrogen negative feedback (Thanky et al., 2003), these results suggest that many aspects of GnRH neuron physiology may be sexually differentiated.

In conclusion, the present study demonstrates that major sex differences exist in the rapid effects of estrogen upon intracellular signaling within brain regions implicated in reproductive control. The fact that a sex differences exists implies a degree of selectivity in rapid estrogen effects upon neurons and supports the possibility that rapid estrogen signaling may be physiological relevant. As the rapid phosphorylation of CREB by estrogen requires the presence of the classical ER (Abraham et al., 2004), these findings indicate that non-genomic sex differences may result from sexually differentiated ER expression and/or sex differences in intracellular signaling cascades linking the ER to CREB phosphorylation. Together these findings suggest that non-genomic actions of estrogen may contribute to the sexually dimorphic activation of neuronal circuits by this steroid in the adult brain.

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